



Syllabus

2025 - 2026

CLASS - NURSERY

DELHI PUBLIC SCHOOL

SAIL TOWNSHIP, RANCHI

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CLASS - Nursery

SUBJECT – ENGLISH

PRESCRIBED BOOK:-

1. All for Kids rhymes (Part-2) - Sapphire Publication (K.R.)
2. Beautiful writing capital letters (Part-A) - Iconic Books (C.L)
3. My cursive writing (Part-C) - Prachi Pvt. Ltd. (M.C.W.)
4. Busy Bee Phonic Reader (Part-B) - Acevision Publishers (P.R.)

| Months | No. of Days | Content | Sub - Topics | Copy Work | Art integrated activities | Skills |
|--------|-------------|--|---|--|--|---|
| April | 15 | <ul style="list-style-type: none"> Alphabet <ul style="list-style-type: none"> A, B, C, D, E, F, G Rhymes :- <ul style="list-style-type: none"> Diddle Diddle Hop a little ABC song Story The hare & the tortoise | <ul style="list-style-type: none"> C.L - Pg. 2-17 K.R.-Pg. 2-7, Pg. 46 | <ul style="list-style-type: none"> Alphabets A, B, C, D, E, F, G | <ul style="list-style-type: none"> Recognition of alphabets & related objects | <ul style="list-style-type: none"> Reading and Writing Skills |
| May | 08 | <ul style="list-style-type: none"> Alphabet <ul style="list-style-type: none"> H, I, J, K, L, M, N Rhymes :- <ul style="list-style-type: none"> After a bath Bits of paper | <ul style="list-style-type: none"> C.L - Pg. 18-35 K.R.-Pg. 8-11 | <ul style="list-style-type: none"> Alphabets H, I, J, K, L, M, N | <ul style="list-style-type: none"> Alphabet hunt | <ul style="list-style-type: none"> Reading and Writing Skills |
| June | 16 | <ul style="list-style-type: none"> Alphabet <ul style="list-style-type: none"> O, P, Q, R, S, T, U, V, W, X, Y, Z Rhymes :- <ul style="list-style-type: none"> Peter-Peter I am a little tea pot | <ul style="list-style-type: none"> C.L - Pg. 36-65 K.R.-Pg. 13-17 | <ul style="list-style-type: none"> Alphabets O, P, Q, R, S, T, U, V, W, X, Y, Z | <ul style="list-style-type: none"> Phonic sound game | <ul style="list-style-type: none"> Linguistic Skills |
| July | 24 | <ul style="list-style-type: none"> Revision of Capital A-Z Cursive (Small & Capital) <div style="display: flex; justify-content: space-around;"> Aa Bb </div> Rhymes :- <ul style="list-style-type: none"> Ding dong bell Pat a cake Are you sleeping Story <ul style="list-style-type: none"> The greedy dog | <ul style="list-style-type: none"> C.L - Pg. 66-72 M.C.W.-Pg.2-5 K.R.-Pg.18-23, Pg. 47 P.R.-Pg. 22-23 | <ul style="list-style-type: none"> Revision of capital A-Z Cursive <div style="display: flex; justify-content: space-around;"> Aa Bb </div> | <ul style="list-style-type: none"> Cursive formation in sand pit. | <ul style="list-style-type: none"> Linguistic & Recognition skills |



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|--------|-------------|---|--|--|--|---|
| | | <ul style="list-style-type: none"> Animals & their sounds use of "I am" | <ul style="list-style-type: none"> P.R.- Pg.77-79, Pg.-24-25, 49-50 | | | |
| Aug | 21 | <ul style="list-style-type: none"> Cursive <i>C c</i> <i>D d</i> <i>E e</i> <i>F f</i> <i>G g</i> Rhymes :- <ul style="list-style-type: none"> Teddy bear Hush a bye Pussy cat use of "and" Opposites | <ul style="list-style-type: none"> M.C.W.- Pg.6-12, Pg.14-17 K.R.-Pg. 24-29 P.R.-Pg.34-43 | <ul style="list-style-type: none"> Cursive <i>C c</i> <i>D d</i> <i>E e</i> <i>F f</i> <i>G g</i> | <ul style="list-style-type: none"> Enacting opposite words | <ul style="list-style-type: none"> Writing Visual and speaking Skills |
| Sep | 19 | <ul style="list-style-type: none"> Cursive <i>H h</i> <i>I i</i> <i>J j</i> <i>K k</i> <i>L l</i> <i>M m</i> <i>N n</i> Rhymes :- <ul style="list-style-type: none"> Jack be nimble A wise old owl Story-"The ant & the grasshopper" Action words Singular and Plural "He" and "She" | <ul style="list-style-type: none"> M.C.W.- Pg.18-24, Pg.26-33 P.R.-Pg.51-52, Pg. 14-17, Pg. 62-63 Pg. 64-65 | <ul style="list-style-type: none"> Cursive <i>H h</i> <i>I i</i> <i>J j</i> <i>K k</i> <i>L l</i> <i>M m</i> <i>N n</i> | <ul style="list-style-type: none"> Role play- "The ant and the grasshopper" | <ul style="list-style-type: none"> Linguistic & Recognition Skills |
| Oct | 13 | <ul style="list-style-type: none"> Cursive <i>O o</i> <i>P p</i> <i>Q q</i> <i>R r</i> <i>S s</i> Rhymes :- <ul style="list-style-type: none"> Wee willie Little Bo-Peep Once I caught Story revision Use of "I am" and "you are" Use of in, on, under, behind | <ul style="list-style-type: none"> M.C.W.- Pg.34-36, Pg.38-45 K.R.-Pg.34-39 P.R.-Pg. 61 Pg. 69-72 | <ul style="list-style-type: none"> Cursive <i>O o</i> <i>P p</i> <i>Q q</i> <i>R r</i> <i>S s</i> | <ul style="list-style-type: none"> Enacting Conversation | <ul style="list-style-type: none"> Linguistic & Social Skills |



CLASS - Nursery

SUBJECT – ENGLISH

| Months | No. of Days | Content | Sub - Topics | Copy Work | Art integrated activities | Skills |
|--------|-------------|---|--|--|--|--|
| Nov | 21 | <ul style="list-style-type: none"> Cursive <i>T t</i> <i>U u</i> <i>V v</i> <i>W w</i> <i>X x</i> <i>Y y</i> <i>Z z</i> Rhymes :- <ul style="list-style-type: none"> Merry Christmas Old King Cole Creation Picture talk Use of "this" and "that" Use of "these" and "those" | <ul style="list-style-type: none"> M.C.W.-Pg.46-48, Pg.50-62 K.R.-Pg.40-48 P.R.-Pg.80 Pg. 54-56 Pg. 57-60 | <ul style="list-style-type: none"> Cursive <i>T t</i> <i>U u</i> <i>V v</i> <i>W w</i> <i>X x</i> <i>Y y</i> <i>Z z</i> | <ul style="list-style-type: none"> Narrating story through pictures Musical game on vowel sounds | <ul style="list-style-type: none"> Linguistic & Interpersonal Skills |
| Dec | 24 | <ul style="list-style-type: none"> Cursive <ul style="list-style-type: none"> Revision of <i>Aa Zz</i> Introduction of two letter words Vowel sound words- "a" and 'e' Conversation | <ul style="list-style-type: none"> M.C.W.-Pg.64 P.R.-Pg.73 | <ul style="list-style-type: none"> <i>Aa Zz</i> Two letter words "a" and "e" sound words | <ul style="list-style-type: none"> Role & guess game | <ul style="list-style-type: none"> Reading, Writing & Linguistic Skills |
| Jan | 15 | <ul style="list-style-type: none"> Vowel sound words- "i", "o" and "u" Use of "The" | <ul style="list-style-type: none"> P.R.-Pg.6-8 | <ul style="list-style-type: none"> "i", "o" and "u" sound words | <ul style="list-style-type: none"> Guess-The words / Puzzle game | <ul style="list-style-type: none"> Cognitive Skills |
| Feb | 21 | <ul style="list-style-type: none"> "ee" sound words "oo" sound words "ll" sound words Action words | <ul style="list-style-type: none"> P.R.-Pg.18, Pg. 29, Pg. 44, Pg. 51-52 | | <ul style="list-style-type: none"> Match the sound & pictures | <ul style="list-style-type: none"> Cognitive Skills |
| March | 20 | <ul style="list-style-type: none"> Revision | | <ul style="list-style-type: none"> Revision | | |



CLASS - Nursery

SUBJECT – हिन्दी

निर्धारित पुस्तकें :-

- * स्नेह प्रभा (Activity based book) प्रवेशिका – Vishu Books (SP)
- * हिंदी स्वर, व्यंजन शब्द ज्ञान (SG)
- * हिन्दी बालगीत (B)- Big Books

| Months | Working Days | Content | Sub-Topics | Art-Integrated Activities | Skills |
|--------|--------------|---|---|---------------------------|-----------------------|
| अप्रैल | 15 | <ul style="list-style-type: none"> चित्रकथा वर्णमाला स्वर (अ-ऊ) कविता:- <ul style="list-style-type: none"> प्रार्थना, घड़ी | <ul style="list-style-type: none"> S.P.- Pg. 5-8, Pg. 9-14 B.G.- Pg. 5-6 | पेड़ में “आ” से आम लगाएँ | गतिज कौशल |
| मई | 08 | <ul style="list-style-type: none"> चित्रकथा वर्णमाला स्वर (ऋ-अः) कविता:- <ul style="list-style-type: none"> सेब | <ul style="list-style-type: none"> S.P.- Pg.15-22 B.G.- Pg. 7 | यातायात नियमों कि जानकारी | गतिज कौशल |
| जून | 16 | <ul style="list-style-type: none"> वर्णमाला व्यंजन (क-ग) कहानी:- <ul style="list-style-type: none"> टोपीवाला और बंदर कविता:- <ul style="list-style-type: none"> मेरी माँ, तारे | <ul style="list-style-type: none"> S.P.- Pg.23-29 S.G.- Pg. 2-15 B.G.-Pg.8-9 | स्वर गमला | दृश्य और स्थानिक कौशल |


CLASS - Nursery
SUBJECT – हिन्दी

| Months | Working Days | Content | Sub-Topics | Art-Integrated Activities | Skills |
|---------|--------------|---|--|--|-----------------------|
| जुलाई | 24 | <ul style="list-style-type: none"> व्यंजन (घ-ङ) कविता:- <ul style="list-style-type: none"> सब्जी पतंग भालू की शादी | <ul style="list-style-type: none"> S.P.-Pg.30-32 S.G.-Pg.16-19 B.G.-10-12 | कागज से पतंग बनाएँ | दृश्य और स्थानिक कौशल |
| अगस्त | 21 | <ul style="list-style-type: none"> व्यंजन (च-ज) कविता:- <ul style="list-style-type: none"> पढ़ना अच्छा बरखा मेरी टीचर कहानी <ul style="list-style-type: none"> कल्लू और मंगू | <ul style="list-style-type: none"> S.P.-Pg.33-38 S.G.-Pg.20-31 B.G.-13-15 | अपनी शिक्षिका पर दो वाक्य बोलें | पारस्परिक कौशल |
| सितम्बर | 19 | <ul style="list-style-type: none"> व्यंजन (ट-ण) कविता:- <ul style="list-style-type: none"> शिष्टाचार चींटी रानी मेरा स्कूल | <ul style="list-style-type: none"> S.P.-Pg.40-47 S.G.-Pg.32-41 B.G.-16-18 | सब्जी मंडी की सैर | भाषाई कौशल |
| अक्टूबर | 13 | <ul style="list-style-type: none"> व्यंजन (त-न) कविता:- <ul style="list-style-type: none"> कोयल रानी सवेरा कहानी:- <ul style="list-style-type: none"> शरारत पड़ी महंगी | <ul style="list-style-type: none"> S.P.-Pg.48-54 S.G.-Pg.42-53 B.G.-19-20 | <ul style="list-style-type: none"> वाक्य बनाएँ <ul style="list-style-type: none"> तितली नल | भाषाई कौशल |


CLASS - Nursery
SUBJECT – हिन्दी

| Months | Working Days | Content | Sub-Topics | Art-Integrated Activities | Skills |
|---------|--------------|--|--|----------------------------|----------------|
| नवम्बर | 21 | <ul style="list-style-type: none"> व्यंजन (प-म) कविता:- <ul style="list-style-type: none"> चिड़िया के बच्चे मेरा घर | <ul style="list-style-type: none"> S.P.-Pg.55-61 S.G.-Pg.54-63 B.G.-21-22 | ‘फ’ से फलों की टोकरी बनाएँ | पारस्परिक कौशल |
| दिसम्बर | 24 | <ul style="list-style-type: none"> व्यंजन (य-ह) कविता:- <ul style="list-style-type: none"> रेलगाड़ी तितली | <ul style="list-style-type: none"> S.P.-Pg.63-73 S.G.-Pg.64-81 B.G.-23-24 | रेलगाड़ी बनाएँ | भाषाई कौशल |
| जनवरी | 15 | <ul style="list-style-type: none"> व्यंजन (क्ष-श्र) दो वर्ण वाले शब्द कविता:- <ul style="list-style-type: none"> पुनरावृत्ति | <ul style="list-style-type: none"> S.P.-Pg.75-89 S.G.-Pg.82-103 | चित्र बनाएँ बस, जग, घर | भाषाई कौशल |
| फरवरी | 21 | <ul style="list-style-type: none"> व्यंजन (पुनरावृत्ति) कविता:- <ul style="list-style-type: none"> पुनरावृत्ति तीन वर्ण वाले शब्द | <ul style="list-style-type: none"> S.P.-Pg.90-92 S.G.-Pg.104-113 | सप्ताह के दिन | भाषाई कौशल |
| मार्च | 20 | <ul style="list-style-type: none"> पुनरावृत्ति | - | - | - |


CLASS - Nursery
SUBJECT - MATHS
PRESCRIBED BOOK :- MY PLAY BOOK (1-50) (BOOK-A) TUK PUBLICATION-MPB

| Months | Working Days | Content | Sub-Topics | Copy Work | Art-Integrated Activities | Skills |
|-----------|--------------|--|--|---|---|---|
| April | 15 | <ul style="list-style-type: none"> • Concept Counting (1-5) • Numbers 1, 2, 3 | <ul style="list-style-type: none"> • Join the dots • Big/Small • Tall/Short • M.P.B.- Pg. 6, 10-21 | <ul style="list-style-type: none"> • Write No.1,2,3 • Doodling with number 2. | <ul style="list-style-type: none"> • Identify the objects • Count and stick bindi | <ul style="list-style-type: none"> • Kinesthetic Skills • Visual and Logical Skills |
| May | 08 | <ul style="list-style-type: none"> • Concept Counting (1-10) • Numbers 4,5 | <ul style="list-style-type: none"> • Odd one out • Heavy/Light • M.P.B.- Pg. 7,8,9, 22-27 | <ul style="list-style-type: none"> • Write No.4 and 5 • Count and Write | <ul style="list-style-type: none"> • Number matching with paper cups • Flash card on number recognition | <ul style="list-style-type: none"> • Numerical Skills |
| June | 16 | <ul style="list-style-type: none"> • Concept Counting (1-20) • Numbers 6,7,8,9,10 | <ul style="list-style-type: none"> • M.P.B.- Pg. 28-43 | <ul style="list-style-type: none"> • Write No.6, 7, 8, 9, 10 • Matching numbers | <ul style="list-style-type: none"> • Object counting games | <ul style="list-style-type: none"> • Logical Skills |
| July | 24 | <ul style="list-style-type: none"> • Concept Counting (1-30) • Numbers 11,12,13,14 | <ul style="list-style-type: none"> • M.P.B.- Pg. 46-53 | <ul style="list-style-type: none"> • Write No.11, 12, 13, 14 • Identify & circle the correct number | <ul style="list-style-type: none"> • Caterpillar craft • Counting pebbles | <ul style="list-style-type: none"> • Visual & Spatial Skills • Numerical Skills |
| August | 21 | <ul style="list-style-type: none"> • Concept Counting (1-40) • Numbers 15, 16,17,18 • Shapes Circle, Triangle | <ul style="list-style-type: none"> • M.P.B.- Pg. 54-61 | <ul style="list-style-type: none"> • Write No.15, 16,17,18 • Cut & Paste different shapes | <ul style="list-style-type: none"> • Draw shapes in flour tray • Sort the shapes & put it in the correct box. | <ul style="list-style-type: none"> • Kinesthetic Skills • Numerical Skills • Visual & Spatial Skills |
| September | 19 | <ul style="list-style-type: none"> • Concept Counting (1-60) • Numbers 19, 20 • Shapes Rectangle & Square | <ul style="list-style-type: none"> • M.P.B.- Pg. 62-65 | <ul style="list-style-type: none"> • Write No.19, 20 • Draw Shapes | <ul style="list-style-type: none"> • I spy-spot the shapes • Make shapes through play dough | <ul style="list-style-type: none"> • Visual & Spatial Skills |
| October | 13 | <ul style="list-style-type: none"> • Concept Counting (1-80) • Numbers - 21-30 | <ul style="list-style-type: none"> • M.P.B.- Pg. 66-67 | <ul style="list-style-type: none"> • Write No.21, 22,23,24,25, 26,27,28,29, 30 | <ul style="list-style-type: none"> • Warm up exercise with the help of Numbers | <ul style="list-style-type: none"> • Numerical Skills • Kinesthetic Skills |


CLASS - Nursery
SUBJECT - MATHS

| Months | Working Days | Content | Sub-Topics | Copy Work | Art-Integrated Activities | Skills |
|----------|--------------|---|---|--|--|--|
| November | 21 | <ul style="list-style-type: none"> • Concept Counting (1-100) • Backward Counting (10-1) | <ul style="list-style-type: none"> • M.P.B. - Pg. 44,45,70 | <ul style="list-style-type: none"> • Backward Counting (10-1) | <ul style="list-style-type: none"> • Backward Counting while playing hopscotch | <ul style="list-style-type: none"> • Spatial Skills • Numerical & Logical Skills |
| December | 24 | <ul style="list-style-type: none"> • Concept Counting Revision (1-100) • Backward Counting (20-1) • Number (31-40) | <ul style="list-style-type: none"> • M.P.B. - Pg. 68,69,71 | <ul style="list-style-type: none"> • Write No. 31, 32,33,34,35, 36,37,38,39, 40 | <ul style="list-style-type: none"> • Backward Counting with the help of number train | <ul style="list-style-type: none"> • Numerical & Logical Skills |
| January | 15 | <ul style="list-style-type: none"> • Concept Numbers (41-50) • Introduction to concept of "Before, After & in-between" | <ul style="list-style-type: none"> • M.P.B. - Pg. 72-77 | <ul style="list-style-type: none"> • Write No. 41, 42,43,44,45,46,47,48,49,50 | <ul style="list-style-type: none"> • Concept of after, before and in-between through number game. | <ul style="list-style-type: none"> • Logical & intelligence Skills |
| February | 21 | <ul style="list-style-type: none"> • Concept • Number names (1-10) | <ul style="list-style-type: none"> • M.P.B. - Pg. 78-80 | <ul style="list-style-type: none"> • Number names 1,2,3,4, 5,6,7,8,9,10 | <ul style="list-style-type: none"> • Matching numbers with number names | <ul style="list-style-type: none"> • Numerical Skills |
| March | 20 | <ul style="list-style-type: none"> • Revision | <ul style="list-style-type: none"> • Revision | <ul style="list-style-type: none"> • Revision | | |


CLASS - Nursery
SUBJECT - E.V.S.
PROSCRIBED BOOK :- (Edutree Publishers Pvt. Ltd.) T.W.
*** Tell me why?**

| Months | Working Days | Content | Sub-Topics | Art-Integrated Activities | Skills |
|-----------|--------------|---|--|--|---|
| April | 15 | <ul style="list-style-type: none"> What makes me smile My body | <ul style="list-style-type: none"> T.W.- Pg. 6 T.W.- Pg. 7,8 | <ul style="list-style-type: none"> Draw smiley Simon says Rhyme "Head, shoulders, knees and toes" | <ul style="list-style-type: none"> Social & Emotional Skills |
| May | 08 | <ul style="list-style-type: none"> Good Morning | <ul style="list-style-type: none"> T.W.- Pg. 11,12 | <ul style="list-style-type: none"> Match and Greet | <ul style="list-style-type: none"> Social Skills |
| June | 16 | <ul style="list-style-type: none"> My home My first day of school | <ul style="list-style-type: none"> T.W.- Pg. 13, 15, 16 | <ul style="list-style-type: none"> Making house craft with clay/ice-cream sticks Know your school (on smart board) | <ul style="list-style-type: none"> Fine motor Skills |
| July | 24 | <ul style="list-style-type: none"> Healthy Plate Good Manners Matter | <ul style="list-style-type: none"> T.W.- Pg. 17, 18, 19, 20 | <ul style="list-style-type: none"> Make a healthy plate. Story on Good Manners | <ul style="list-style-type: none"> Visual and Spatial Skills |
| August | 21 | <ul style="list-style-type: none"> Flower Fruits Vegetables | <ul style="list-style-type: none"> T.W.- Pg. 21, 22, 23, 24, 25 | <ul style="list-style-type: none"> Visit to garden Market enacting | <ul style="list-style-type: none"> Visual & Spatial Skills |
| September | 19 | <ul style="list-style-type: none"> Animals on the farm Zoo animals Animals under the sea | <ul style="list-style-type: none"> T.W.- Pg. 26, 27, 28, 29 | <ul style="list-style-type: none"> Sing & play "Old Macdonald", Making fish with paper plate. | <ul style="list-style-type: none"> Visual & Spatial Skills |
| October | 13 | <ul style="list-style-type: none"> Let's tweet with birds Animal Calls | <ul style="list-style-type: none"> T.W.- Pg. 30, 31, 32 | <ul style="list-style-type: none"> Who am I? Songs on animal sounds. | <ul style="list-style-type: none"> Linguistic Skills |
| November | 21 | <ul style="list-style-type: none"> Games we play Vehicles we move in Prayer places | <ul style="list-style-type: none"> T.W. - Pg. 33, 34, 35, 36, 37 | <ul style="list-style-type: none"> Visit to sports room Making shape car Car puzzle | <ul style="list-style-type: none"> Kinesthetic Skills |
| December | 24 | <ul style="list-style-type: none"> Hands on Colour Everyday shapes Seasons | <ul style="list-style-type: none"> T.W. - Pg. 38, 39, 40, 41,42, 43 | <ul style="list-style-type: none"> Colour Recognition Recognition of shapes by showing objects Making rainbow | <ul style="list-style-type: none"> Visual & Spatial Skills |

**CLASS - Nursery****SUBJECT - E.V.S.**

| Months | Working Days | Content | Sub-Topics | Art-Integrated Activities | Skills |
|---------------|---------------------|--|---|---|--|
| January | 15 | <ul style="list-style-type: none">• I know my phone number• Days of the week• Father of the nation | <ul style="list-style-type: none">• T.W. - Pg. 44, 45, 46, 47, 48 | <ul style="list-style-type: none">• Arranging number cards• Weekday Hopscotch and Calendar• Short movie on "Father of the Nation" and learning few lines. | <ul style="list-style-type: none">• Interpersonal Skills• Linguistic Skills |
| February | 21 | <ul style="list-style-type: none">• Who am I?• Meet my family | <ul style="list-style-type: none">• T.W. - Pg. 5, 9, & 10 | <ul style="list-style-type: none">• Speak a few lines on myself• Family tree | <ul style="list-style-type: none">• Social Skills• Linguistic Skills |
| March | 20 | <ul style="list-style-type: none">• Revision | <ul style="list-style-type: none">• Revision | | |


CLASS - Nursery
SUBJECT –PHE
PRESCRIBED BOOK :-

| Months | Working Days | P.T. | Games / Fundamental Skill |
|---------------------|--------------|--|--|
| April | 25 | <ul style="list-style-type: none"> Discipline : Arrival time, Leisure period & Dispersal time, Making Line, Height wise Attention, Stand-at-ease. Calisthenics exercises : without equipment, with equipment General : Light Stretching exercise Recreational Game, Mass P.T. | <ul style="list-style-type: none"> Motor Skill related development e.g. running & Jumping Recreational Games |
| May & June | 25 | <ul style="list-style-type: none"> Attention, Stand-at-ease, Calisthenics Exercises : without equipment, with equipment General : light stretching exercise Recreational game, Mass P.T. | <ul style="list-style-type: none"> Motor Skill related development e.g. - running & jumping Recreational games |
| July | 25 | <ul style="list-style-type: none"> Attention, Stand-at-ease, Calisthenics Exercises : without equipment, with equipment General : light stretching exercise Recreational game, Mass P.T. | <ul style="list-style-type: none"> Motor Skill related development e.g. - running & jumping Recreational games |
| August | 25 | <ul style="list-style-type: none"> Attention, Stand-at-ease, Calisthenics Exercises : without equipment, with equipment General : light stretching exercise Recreational game, Mass P.T. | <ul style="list-style-type: none"> Motor Skill related development e.g. - running & jumping Recreational games |
| September | 25 | <ul style="list-style-type: none"> Attention, Stand-at-ease, Calisthenics Exercises : without equipment, with equipment General : light stretching exercise Recreational game, Mass P.T. CCT test | <ul style="list-style-type: none"> Motor Skill related development e.g. - running & jumping Recreational games |
| October | 25 | <ul style="list-style-type: none"> Attention, Stand-at-ease, Calisthenics Exercises : without equipment, with equipment General : light stretching exercise Recreational game, Mass P.T. | <ul style="list-style-type: none"> Motor Skill related development e.g. - running & jumping Recreational games |
| November & December | 25 | <ul style="list-style-type: none"> Attention, Stand-at-ease, Calisthenics Exercises : without equipment, with equipment General : light stretching exercise Recreational game, Mass P.T. Practice for Annual Sports Day | <ul style="list-style-type: none"> Motor Skill related development e.g. - running & jumping Recreational games |

**CLASS - Nursery****SUBJECT –PHE****PRESCRIBED BOOK :-**

| Months | Working Days | P.T. | Games / Fundamental Skill |
|---------------|---------------------|--|---|
| January | 26 | <ul style="list-style-type: none">• Attention, Stand-at-ease.• Calisthenics exercises : without equipment, with equipment• General : Light Stretching exercise• Recreational Game, Mass P.T. | <ul style="list-style-type: none">• Motor Skill related development e.g. running & Jumping• Recreational Games |
| February | 26 | <ul style="list-style-type: none">• Attention, Stand-at-ease,• Calisthenics Exercises : without equipment, with equipment• General : light stretching exercise• Recreational game, Mass P.T.• CCT test | <ul style="list-style-type: none">• Motor Skill related development e.g. - running & jumping• Recreational games |