



# SUBJECT - ENGLISH

#### **PRESCRIBED BOOKS:**

- Oxford New Pathways 2 : Oxford (Course Book) Oxford New Pathways 2 : Oxford (Work Book) \*
- \*
- \* Tune Into Grammar - 2 Pearson
- Enjoy With Cursive Writing 2 : Good Luck Publishers Limited \*

Months	Working Days	M.C.B.	Grammar	W.B.	Cursive Writing (C.W)	Activity
April	16	L-1 : Goldilocks and The Three Bears	L-1: Vowels and Consonants L-2: Sentences	<b>Unit 1 :</b> Goldilocks and The Three Bears	<b>Pg.</b> 4-10	
Мау	08	<b>L-2</b> : The Wind and the Sun		<b>Unit 2</b> : The Wind and the Sun	<b>Pg.</b> 11-14	
June	16	L-3 : The Test	L-3: Nouns : Common and Proper L-4: Nouns : Singular and Plural	<b>Unit 3</b> : The Test	<b>Pg</b> . 15-25	
July	24	<b>L-4</b> : The Tale of Mrs. Tiggly Winkle Zoo Manners (Poem)	L-5: Nouns : Male and Female L-6: Pronouns L-7: Adjectives	<b>Unit 4 :</b> The Tale of Mrs. Tiggly Winkle	<b>Pg</b> . 26-35	A trip to a zoo
August	21	L-5 : The Spider's Lesson	L-8: Near and Far L-9: A, An, The L-10: Verbs	<b>Unit 5</b> : The Spider's Lesson	<b>Pg.</b> 36-45	
September	19		<b>L-11:</b> Am, Is, Are, Was, Were	<b>Unit 5</b> : The Spider's Lesson	<b>Pg.</b> 36-45	Moral Values
October	13	L-6 : Down the Rabbit Hole	L-12: Has, Have, Had L-13: More about verbs L-14: What is Happening?	<b>Unit 6</b> : Down the Rabbit Hole	<b>Pg.</b> 49-59	
November	21	L-7 : How the camel got his Hump L-8 : The Hidden Gift	L-15: What Happened Earlier? L-16: What will Happen?	Unit 7 : How the Camel Got His Hump Unit 8 : The Hidden Gift	<b>Pg</b> . 60-72	Treasure Hunt

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SYLLABUS - 2025-2026



### SUBJECT – ENGLISH

Months	Working Days	M.C.B.	Grammar	W.B.	Cursive Writing (C.W)	Activity
December	24	<b>L-9</b> : Raju Learns About Waste! Cradle Song (Poem)	L-17: Some-ly words L-18: On, In, Under, Over L-19: And, But, Or	<b>Unit 9</b> : Raju Learns about Waste!	<b>Pg.</b> 73-85	
January	15	L-10 : The Beach	L-20: Asking Questions? (Oral)	<b>Unit 10</b> : The Beach	<b>Pg.</b> 86-95	
February	21		Comprehension Composition			
March	20					

SYLLABUS - 2025-2026



#### SUBJECT - ENGLISH

## PORTION FOR MONDAY TEST

Monday Test	Date	Portion
M.T1	28/04/2025	CB- L-1 GR- L-1 and 2
M.T2	14/07/2025	CB- L-3 GR- L-3, L-4
M.T3	10/11/2025	<b>CB-</b> L-6 <b>GR-</b> L-11, L-12, L-13
M.T4	08/12/2025	<b>CB-</b> L-7 <b>GR-</b> L-14, L-15

## **PORTIONS FOR SEMESTER-I**

CB- L-2, L-4, L-5, Zoo Manners (POEM) GR- L-5, L-6, L-7, L-9, L-10

Writing Skills :-

1. Paragraph Writing
Importance of Sports
Good Manners

2. Unseen Passage

3. Picture Composition

#### **PORTION FOR SEMESTER-II**

CB- L-8, L-9, L-10, Cradle Song (POEM) GR- L-16, L-17, L-18, L-19, L-20

Writing Skills :-

1. Paragraph Writing

My Favorite Pet
Health is Wealth

2. Writing : Informal Letter 3. Unseen Passage







# निर्धारित पुस्तकें :-

- ★ लर्स्य हिंदी पाठमाला -2 (सफ़ायर पब्लिशर्स)
- ★ व्याकरण भारती-2 (भारती भवन)
- ∗ लक्ष्य हिंदी अभ्यास पुस्तिका -2 (सफ़ायर पब्लिशर्स)
- ∗ आओ लिखना सिखें 2 (गुडलक पब्लिशर्स)

माह	कार्य दिवस	लक्ष्य हिन्दी पाठमाला	लक्ष्य हिन्दी अभ्यास पुस्तिका	व्याकरण भारती	आओ लिखना सीखें	रचनात्मक कार्य
अप्रैल	16	<b>पाठ-1:</b> तितली <b>पाठ-2:</b> मछली और मेंढक	<b>पाठ</b> -1, 2	<b>पाठ-1:</b> वर्ण और वर्णमाला	<b>पाठ</b> -1-8	
मई	08	<b>पाठ-3:</b> ती ली ली ली झप	<b>पाठ</b> -3	<b>पाठ-2:</b> मात्राएँ	<b>पाठ-</b> 9-17	
जून	16	<b>पाठ-4:</b> चिट्ठी <b>पाठ-5:</b> टिमटिम का सपना (चित्रकथा)	<b>पाठ</b> -4, 5	<b>पाठ-3ः</b> बिन्दु और चंद्र बिन्दु	<b>पाठ</b> -18-26	
जुलाई	24	<b>पाठ-6:</b> लालची बंदर <b>पाठ-7:</b> प्रतियोगिता	<b>पाठ</b> -6, 7	<b>पाठ-4:</b> दो व्यंजनों का मेल <b>पाठ-5:</b> शब्द और वाक्य	<b>पाठ</b> -27-36	एक प्रतियोगिता हार-जीत से परे
अगस्त	21	<b>पाठ-9:</b> चिरौटे ने बदला लिया	<b>पाठ-</b> 8, 9	<b>पाठ-6:</b> नाम वाले शब्द (संज्ञा) लिंग, वचन	<b>पाठ</b> -37-43	
4				s	YLLABUS - 2	2025-2026

SUBJECT – हिन्दी



# DELHI PUBLIC SCHOOL

# CLASS - II

# SUBJECT – हिन्दी

माह	कार्य दिवस	लक्ष्य हिन्दी पाठमाला	लक्ष्य हिन्दी अभ्यास पुस्तिका	व्याकरण भारती	आओ लिखना सीखें	रचनात्मक कार्य
सितम्बर	19	पुनरावृत्ति अर्धवार्षिक परीक्षा			<b>पाठ</b> -44-55	शिक्षक दिवस
अक्टूबर	13	<b>पाठ-10</b> मौसम बरसात का <b>पाठ-11</b> हम एक हैं, इसलिए नेक हैं	<b>पाठ</b> -10, 11	<b>पाठ-7</b> नाम की जगह (सर्वनाम)	<b>पाठ</b> -56-63	
नवम्बर	21	<b>पाठ</b> -13 कर्त्तव्य	<b>पाठ</b> -12, 13	<b>पाठ-8</b> कैसा, कितना <b>पाठ-9</b> आओ करे कुछ काम	<b>पाठ</b> -64-71	एकता में बल
दिसम्बर	24	<b>पाठ-14</b> हमारे त्योहार <b>पाठ-15</b> कश्मीर: रामसिंह का घर <b>पाठ-16</b> साही की मित्रता	<b>पाठ</b> -14, 15, 16	<b>पाठ-10</b> शब्दों को दुनियाँ	<b>पाठ-</b> 72-81	
जनवरी	15	<b>पाठ-17</b> मुझे पैर चाहिए <b>पाठ-18</b> हेमू	<b>पाठ</b> -17, 18	<b>पाठ-11</b> (गिनती, दिन और महीने) <b>पाठ-12</b> (चित्रवर्णन)	<b>पाठ</b> -82-92	
फरवरी	19	पुनरावृत्ति वार्षिक परीक्षा			<b>पाठ-</b> 93-111	
5				s	YLLABUS - 2	2025-2026



#### SUBJECT – हिन्दी PORTIONS FOR MONDAY TEST

Monday Test	Date	Portion
M.T1	30/06/2025	लक्ष्य हिन्दी पाठमाला-पाठ-1, 2 व्याकरण भारती - पाठ-1
M.T2	04/08/2025	लक्ष्य हिन्दी पाठमाला-पाठ-4, 6 व्याकरण भारती – पाठ-3
M.T3	01/12/2025	लक्ष्य हिन्दी पाठमाला-पाठ-10, 11 व्याकरण भारती – पाठ-7
M.T4	27/01/2026	लक्ष्य हिन्दी पाठमाला-पाठ-14, 15 व्याकरण भारती - पाठ-9

# PORTION FOR HALF YEARLY EXAM ( अर्धवार्षिक परीक्षा )

1. लक्ष्य हिन्दी पाठमाला

पाठ-3, 5, 7, 9

- 2. व्याकरण भारती
- पाठ-2, 4, 5, 6
- अनुच्छेद-लेखन क) मेरा शहर
  - क) मरा शह ख) मेरी माँ
- 4. अपठित गद्यांश

# PORTION FOR ANNUAL EXAM ( वार्षिक परीक्षा )

- **1. लक्ष्य हिन्दी पाठमाला** पाठ-13, 16, 17, 18
- **2.** व्याकरण भारती
  - पाठ-8, 10, 11, 12
- 3. अनुच्छेद-लेखन
  - क) बसंत ऋतु
  - ख) मेरा देश
- 4. अपठित गद्यांश





# CLASS - II PRESCRIBED BOOKS:

# SUBJECT – MATHEMATICS

# \* Junior Maths (Bharti Bhawan)

Summore Maths Practice and Activities (Bharti Bhawan)

Months	Working Days	Topic and Sub-Topics	Maths Practice & Activities
April	16	<ul> <li>2-digit Numbers [ Page No. 1-22 ]</li> <li>Things we know</li> <li>Place value</li> <li>Comparing and Arranging</li> <li>Addition, Subtraction</li> <li>Tables - 2, 3, 4</li> <li>3-digit Numbers [ Page No. 23-41 ]</li> <li>Writing Numbers 101 to 1000</li> <li>Understanding 3-digit Numbers</li> <li>Do and learn : Understanding 3-digit Numbers</li> <li>Place Values in 3-digit Numbers</li> <li>Before, After, Between</li> <li>Comparing and Arranging</li> <li>Adding &amp; Subtracting Hundreds (Contd.)</li> <li>Numbers Names (450-600)</li> </ul>	Exercise 1-17
May	08	<ul> <li>Simple Addition, Subtraction of 3-digit Numbers (Contd.)</li> <li>Table - 5 [ Page No. 42-44 ]</li> </ul>	Exercise 18-30
June	16	<ul> <li>Addition of 3-digit Number with carrying</li> <li>Subtraction of 3-digit Numbers with Borrowing</li> <li>Addition of Three &amp; Four Numbers [ Page No. 45-58 ]</li> </ul>	Exercise 31-51
July	24	Multiplication [ Page No. 67-83 ]         • Multiplication         • Multiplication tables         • Multiplication using tables         • Multiplying 2-digit numbers by 1-digit numbers         • Multiplying 3-digit Numbers by 1-digit numbers         • Table-6	Exercise 52-60
August	21	Geometrical Shapes [ Page No. 107-114 ] • Shapes of solid • Shapes • Flat Shapes • Shapes, Half, Quarter • Lines Patterns [ Page No. 135-137 ] • Table - 7, 8 • Number Names (601-700)	Exercise 74-77 Activity - 3D Shapes with day Exercise 91-92



#### SUBJECT – MATHEMATICS

Months	Working Days	Topic and Sub-Topics	Maths Practice & Activities
September	19	Revision for First Semester	Exercise 1-17
October	13	Time and Calender [ Page No. 116-123 ] • Table - 9, 10 • Number Names (701-800)	Activity - Calender Making
November	21	Money [ Page No. 95-103] • Money • Changing Money • Money Maths • Adding Money • Subtracting Money • Table - 11, 12, 13	Exercise 65-73
December	24	<ul> <li>Division [ Page No. 87-94 ]</li> <li>Introducing Division</li> <li>Division</li> <li>Long Division from</li> <li>Story sums on Division</li> <li>Table - 14, 15</li> </ul>	Exercise 61-64 Activity - Hands on Division
		Measurements [ Page No. 124-133 ] <ul> <li>Measuring Length</li> <li>Measuring Mass</li> <li>Liquid Measures</li> <li>Measuring Liquids</li> <li>Story Sums on Measurements</li> <li>Number Names (801-1000)</li> </ul>	Exercise 83-90
January	15	Data Handling [ Page No. 138-140 ]	Exercise 93-94
February	21	Revision for Second Semester	

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#### SUBJECT - MATHEMATICS

#### PORTIONS FOR MONDAY TEST

Monday Test	Date	Portion
M.T I	05/05/2025	<ul> <li>Table - 2, 3</li> <li>2-digit Numbers (Page No. 1-22)</li> </ul>
M.T 2	21/07/2025	<ul> <li>Table - 5, 6</li> <li>Multiplication</li> <li>3-digit Numbers (Page No. 42 to 58)</li> </ul>
M.T 3	17/11/2025	<ul> <li>Time and Calendar</li> <li>Money (Page No. 95 to 99)</li> <li>Table - 8, 9, 10</li> </ul>
M.T 4	22/12/2025	<ul> <li>Division</li> <li>Table - 11, 12, 13</li> </ul>

#### PORTIONS FOR SEMESTER

#### 1st Semester :-

- 3-digit Numbers
- MultiplicationPatterns
- Geometrical Shapes
- Table 2 to 8
- Number Names (450-700)

- 2nd Semester :-• Time & Calendar
- Money
- Measurements
- Division
- Table 9 to 15
  Number Names (701-1000)





#### **PRESCRIBED BOOKS:**

- \* Our Environment 2
- \* (Frank Educational Aids)

Months	Working Days	Торіс	Activities
April	16	1. My Self 2. My Body	
Мау	08	3. Keeping Healthy and Clean	
June	16	4. My food 5. Clothes We Wear	
July	24	6. Living Places 8. My Family	
August	21	9. My School 10. People Who Live Around Us	<ul> <li>L-11 Neighborhood Places - Model Making</li> </ul>
September	19	Revision for First Semester     12. How We Celebrate	
October	13	13. Safety First	
November	21	15. The Green World 16. Our Animal Friends 17. Means of Communication	<ul> <li>L-15 The Green World - Plant your own Sapling (Modal)</li> <li>Fun Activity Page No. 105</li> </ul>
December	24	<ol> <li>The Blue Planet Earth</li> <li>The sky</li> <li>Weather and seasons</li> </ol>	Fun Activity Page No. 117
January	15	21. Matter and Measurement	
February	21	Revision for Second Semester	

SUBJECT – EVS



# SUBJECT – EVS

#### PORTIONS FOR MONDAY TEST

Monday Test	Date	Portion
M.T I	18/06/2024	<ul><li>L-2- My Body</li><li>L-3- Keeping Healthy and Clean</li></ul>
M.T II	28/07/2025	<ul> <li>L-4- My Food</li> <li>L-5- Clothes We Wear</li> </ul>
M.T III	24/11/2025	<ul><li>L-12- How We Celebrate</li><li>L-13- Safety First</li></ul>
M.T IV	19/01/2026	<ul> <li>L-16- Our Animal Friends</li> <li>L-17- Means of Communication</li> </ul>

#### PORTIONS FOR SEMESTER

# **PORTION FOR SEMESTER - I** • L - 3, 6, 8, 9, 10

# **PORTION FOR SEMESTER - II** • L - 15, 18, 19, 20, 21







# PRESCRIBED BOOKS:

- ✤ Rise Up! G.K-2
- ✤ Edutree Publishers

Months	Working Days	Page No.	Торіс
April	16	7. 8. 9. 10-11	<ul> <li>Desert Life</li> <li>Connecting Us</li> <li>What Do They Do?</li> <li>Underwater</li> </ul>
Мау	08	12. 13. 14. 15. 16.	<ul> <li>Coolest Land : Antarctic Circle</li> <li>Check Them Out!</li> <li>Pollen Journey</li> <li>Across The Universe</li> <li>Group Them Together</li> </ul>
June	16	17. 18. 19. 20-21	<ul> <li>Four Corners</li> <li>Plant Parts We Eat</li> <li>Just Around You</li> <li>Air And Water</li> </ul>
July	24	22. 23. 24. 25. 26-27	<ul> <li>Inside Me</li> <li>Sports Store</li> <li>Capital Cities</li> <li>Same To Same</li> <li>Journey Of Milk From Cow To Cup</li> </ul>
August	21	28. 30-31 32. 33.	<ul> <li>Capital Cities World</li> <li>Up, Down And Below</li> <li>More About Computers</li> <li>Interesting Insects</li> </ul>
September	19		Revision First Semester     First Semester Examination
October	13	34. 35 36-37 39. 44	<ul> <li>In The Sports World</li> <li>Holy Books</li> <li>Colours of India</li> <li>Types of Plants</li> <li>Second Names</li> </ul>
November	16	45. 46 47. 48. 49. 50.	<ul> <li>In My India</li> <li>Road Safety</li> <li>Magic Words</li> <li>Smart Machines</li> <li>Leaders Of The Past</li> <li>Special Days</li> </ul>

SUBJECT – G.K.

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SYLLABUS - 2025-2026



#### SUBJECT – G.K.

Months	Working Days	Page No.	Торіс
December	24	52-53 54. 55. 56. 57. 58.	<ul> <li>Know Your Land</li> <li>Sports Puzzle</li> <li>More Music</li> <li>Indian Faces</li> <li>Name The Game</li> <li>Half And Half</li> </ul>
January	15	59. 60. 61. 62. 63. 64-65 66. 67.	<ul> <li>Famous Tales</li> <li>Must See</li> <li>Spot The Noun</li> <li>Big and Small</li> <li>Cartoons and Characters</li> <li>Round The Year</li> <li>What is the Internet</li> <li>Pattern Path</li> </ul>
February	21		<ul> <li>Revision Semester - II</li> <li>II<sup>nd</sup> Semester Examination</li> </ul>

#### PORTIONS FOR SEMESTER

Portions For First Semester Examination
Pg. No. : 7, 8, 9, 10, 11, 13, 14, 15, 16, 19, 20, 21, 22, 23, 24, 26, 27, 31, 32, and 33 + General Awarness

Portions For Second Semester Examination
Pg. No. : 34, 35, 36, 37, 39, 44, 45, 46, 48, 50, 52, 53, 54, 55, 59, 60, 62, 63, 66 and General Awarness





# CLASS - II **PRESCRIBED BOOKS:**

### SUBJECT - VALUE EDUCATION

- Inspiring Souls(Acevision)

Months	Working Days	Chapters	Content
April	16	1. Some Sees You	God Is Always Watching
May	08	2. Pleasing Ways	Good Manners
June	16	3. Peter And The Treasure Book	Honesty is the best policy
July	24	4. The Slave and The Lion	Kindness
August	21	5. Golden Eggs	Avoid greediness
September	19	6. A Bundle of Sticks	Unit is Strength
October	13	7. The Answer Sheet	Learning from Mistakes
November	21	8. Four Friends And The Hunter	Friendship
December	24	9. The Brave Octopus	<ul> <li>Overcoming shyness and showing courage</li> </ul>
January	15	10. The rose Thorn	Coring for Nature
February	21	11. King Cobra and The Ants	Pride your Before A Fall

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### CLASS - II **PRESCRIBED BOOKS:**

#### SUBJECT – COMPUTER

#### ★ Composite CompuNik (Mica Educational Co. Pvt. Ltd.)

Months	Working Days	Chapters	Activities
April	16	1. Computer & Human	Know the Parts of Computer
May	08	2. Roles of Computer	
June	16	2. Roles of Computer	
July	24	3. Input & Output Devices	
August	21	4. Keys of Keyboard	<ul> <li>Using with keys of the keyboard type "My School / My Self"</li> </ul>
September	19	Revision (First Semester)	
October	13	5. Mouse Click	Let's play with mouse
November	21	6. PAINT in Computer	
December	24	7. Shapes for Drawing	Draw Christmas related things.
January	15	8. File Management	
February	21	Revision (Second Semester)	

#### **PORTIONS FOR SEMESTER**

# **Portions For First Semester Exam** • Chapter : 1, 2, 3, 4

#### Portions For Second Semester Exam

• Chapter : 5, 6, 7, 8





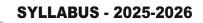


#### PRESCRIBED BOOKS:

### SUBJECT – ART AND CRAFT

Months	Working Days	Торіс	
April		<ul> <li>Composition odfd flower vase with background</li> <li>Art book 4, 5, 6</li> </ul>	
Мау		<ul><li>Village Landscape with human figure</li><li>Art book 8, 10, 11</li></ul>	
June		<ul> <li>Village scene composition (Example : lady with goat / lady with pitcher etc.)</li> <li>Human face drawing composition</li> <li>Art book 12, 14</li> </ul>	
July		<ul> <li>Draw any human figurative composition</li> <li>Draw a composition of my family with proper background.</li> <li>Art book 15, 16, 18</li> </ul>	
August		<ul> <li>Drawing composition of fisherman / washerman</li> <li>Draw and compose a boy</li> <li>Art book 20, 22</li> </ul>	
September		<ul><li>Rainy season with human figure</li><li>Art book 24, 25</li></ul>	
October		<ul> <li>Draw and compose chatt puja festival</li> <li>Draw and compose any festival drawing of you choice</li> <li>Art book 26, 27, 28</li> </ul>	
November		<ul> <li>Outdoor plant study</li> <li>Human figure composition (Boy studying / library)</li> <li>Art &amp; Craft 32, 33, 34</li> </ul>	
December		<ul> <li>Draw and Compose a winter season drawing</li> <li>Draw and compose</li> <li>Art &amp; Craft book 29, 30, 31</li> </ul>	
January		<ul> <li>Republic Day Composition</li> <li>Composition of Imaginative Composition</li> <li>Art &amp; Craft 36, 38, 39, 40</li> </ul>	
February		<ul><li>Complete the pending works</li><li>Final assessment</li></ul>	

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# SUBJECT -PHE

# PRESCRIBED BOOK :-

Days	P.T.	Games / Fundamental Skill
25	<ul> <li>Discipline : Arrival time, Leisure period &amp; Dispersal time, Making Line, Height wise</li> <li>Attention, Stand-at-ease.</li> <li>Calisthenics exercises : without equipment, with equipment</li> <li>General : Light Stretching exercise</li> <li>Recreational Game, Mass P.T.</li> </ul>	<ul> <li>Motor Skill related development e.g. running &amp; Jumping</li> <li>Recreational Games</li> <li>Fundamental Skills (<i>for Class III</i>) Football, Basketball, Badminton</li> </ul>
25	<ul> <li>Attention, Stand-at-ease,</li> <li>Calisthenics Exercises : without equipment, with equipment</li> <li>General : light stretching exercise</li> <li>Recreational game, Mass P.T.</li> </ul>	<ul> <li>Motor Skill related development e.g. running &amp; Jumping</li> <li>Recreational Games</li> <li>Fundamental Skills (<i>for Class III</i>) Football, Basketball, Badminton</li> </ul>
25	<ul> <li>Attention, Stand-at-ease,</li> <li>Calisthenics Exercises : without equipment, with equipment</li> <li>General : light stretching exercise</li> <li>Recreational game, Mass P.T.</li> </ul>	<ul> <li>Motor Skill related development e.g. running &amp; Jumping</li> <li>Recreational Games</li> <li>Fundamental Skills (<i>for Class III</i>) Football, Basketball, Badminton</li> </ul>
25	<ul> <li>Attention, Stand-at-ease,</li> <li>Calisthenics Exercises : without equipment, with equipment</li> <li>General : light stretching exercise</li> <li>Recreational game, Mass P.T.</li> </ul>	<ul> <li>Motor Skill related development e.g. running &amp; Jumping</li> <li>Recreational Games</li> <li>Fundamental Skills (<i>for Class III</i>) Football, Basketball, Badminton</li> </ul>
25	<ul> <li>Attention, Stand-at-ease,</li> <li>Calisthenics Exercises : without equipment, with equipment</li> <li>General : light stretching exercise</li> <li>Recreational game, Mass P.T.</li> <li>CCT test</li> </ul>	<ul> <li>Motor Skill related development e.g. running &amp; Jumping</li> <li>Recreational Games</li> <li>Fundamental Skills (<i>for Class III</i>) Football, Basketball, Badminton</li> </ul>
25	<ul> <li>Attention, Stand-at-ease,</li> <li>Calisthenics Exercises : without equipment, with equipment</li> <li>General : light stretching exercise</li> <li>Recreational game, Mass P.T.</li> </ul>	<ul> <li>Motor Skill related development e.g. running &amp; Jumping</li> <li>Recreational Games</li> <li>Fundamental Skills (<i>for Class III</i>) Football, Basketball, Badminton</li> </ul>
25	<ul> <li>Attention, Stand-at-ease,</li> <li>Calisthenics Exercises : without equipment, with equipment</li> <li>General : light stretching exercise</li> <li>Recreational game, Mass P.T.</li> <li>Practice for Annual Sports Day</li> </ul>	<ul> <li>Motor Skill related development e.g. running &amp; Jumping</li> <li>Recreational Games</li> <li>Fundamental Skills (<i>for Class III</i>) Football, Basketball, Badminton</li> </ul>
	25 25 25 25 25 25	25       • Discipline : Arrival time, Leisure period & Dispersal time, Making Line, Height wise • Attention, Stand-at-ease. • Calisthenics exercises : without equipment, with equipment • General : Light Stretching exercise • Recreational Game, Mass P.T.         25       • Attention, Stand-at-ease, • Calisthenics Exercises : without equipment, with equipment • General : light stretching exercise • Recreational game, Mass P.T.         25       • Attention, Stand-at-ease, • Calisthenics Exercises : without equipment, with equipment • General : light stretching exercise • Recreational game, Mass P.T.         25       • Attention, Stand-at-ease, • Calisthenics Exercises : without equipment, with equipment • General : light stretching exercise • Recreational game, Mass P.T.         25       • Attention, Stand-at-ease, • Calisthenics Exercises : without equipment, with equipment • General : light stretching exercise • Recreational game, Mass P.T.         25       • Attention, Stand-at-ease, • Calisthenics Exercises : without equipment, with equipment • General : light stretching exercise • Recreational game, Mass P.T.         25       • Attention, Stand-at-ease, • Calisthenics Exercises : without equipment, with equipment • General : light stretching exercise • Recreational game, Mass P.T.         25       • Attention, Stand-at-ease, • Calisthenics Exercises : without equipment, with equipment • General : light stretching exercise • Recreational game, Mass P.T.         25       • Attention, Stand-at-ease, • Calisthenics Exercises : without equipment, with equipment <b< td=""></b<>



## SUBJECT -- PHE

#### PRESCRIBED BOOK :-

Months	Working Days	P.T.	Games / Fundamental Skill
January	26	<ul> <li>Attention, Stand-at-ease.</li> <li>Calisthenics exercises : without equipment, with equipment</li> <li>General : Light Stretching exercise</li> <li>Recreational Game, Mass P.T.</li> </ul>	<ul> <li>Motor Skill related development e.g. running &amp; Jumping</li> <li>Recreational Games</li> <li>Fundamental Skills (<i>for Class III</i>) Football, Basketball, Badminton</li> </ul>
February	26	<ul> <li>Attention, Stand-at-ease,</li> <li>Calisthenics Exercises : without equipment, with equipment</li> <li>General : light stretching exercise</li> <li>Recreational game, Mass P.T.</li> <li>CCT test</li> </ul>	<ul> <li>Motor Skill related development e.g. running &amp; Jumping</li> <li>Recreational Games</li> <li>Fundamental Skills (<i>for Class III</i>) Football, Basketball, Badminton</li> </ul>

